



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrées and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
means healthier cuisine...

Hours

Monday - Friday
7:00am - 3:00pm

General Manager

Jody Nelson

XI4I or II6



2009 menu

Week of Monday November 9

Monday

Entree:	Italian Sub	\$3.25
	Meatball Sub & Curly Fries	\$4.50
	Hamburger on Bun	\$1.65
	Cheeseburger on Bun	\$1.75
	Baked Chicken Sandwich	\$2.50
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50

Tuesday

Entree:	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Baked Chicken Sandwich	\$2.50
	Chicken Tenders and Tator tots	\$4.75
	Chicken Tenders, Mashed Potatoes and Corn	\$4.75
	Sausage Pizza	\$2.50

Wednesday

Entree:	Mozzarella Sticks	\$3.25
	Penne Pasta Bar	\$4.00
	Meat Sauce	\$
	Maranara Sauce	\$
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza	\$2.25
	Sausage Pizza	\$2.50

Thursday

Entree:	Individual Cheese Pizza	\$5.00
	Individual Pepperoni Pizza	\$5.00
	Wings & Things Bar	\$4.50
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Cheese Pizza	\$2.25
	Pepperoni Pizza	\$2.50
	Sausage Pizza	\$2.50

Friday

Entree:	Soup in a Bread Bowl	\$4.50
	Cream of Broccoli	\$
	Cream of Chicken	\$
	Cream of Potato	\$
	Cheeseburger on Bun	\$1.75
	Hamburger on Bun	\$1.65
	Fried Chicken Breast Sandwich	\$2.25
	Cheese Pizza	\$2.25